



# Prevention Newsletter

OCTOBER 2020

**\*To schedule any of our FREE Prevention Programs, please contact the Shelocta Office for Armstrong and Indiana Counties and the Clarion Office for Clarion County.**

**AICDAC  
Offices**

**Clarion Office:  
814-226-6350**

**Indiana Office:  
724-463-7860**

**Shelocta Office:  
724-354-2746**

**Vine Street  
Office:  
724-545-1614**

## Red Ribbon Week October 23-31st

Known as the largest drug-abuse prevention campaign in the nation, Red Ribbon Week is a designated time to promote healthy, drug-free lives. This year, the theme of Red Ribbon week is, Be Happy. Be Brave. Be Drug Free. AICDAC offers various one time presentations for all age ranges. Popular presentations include, Why Animals and Athletes Don't Smoke, and lessons on over-the-counter and prescription medicines. During lessons prevention staff focus on substances that are abused by minors in our area such as alcohol, tobacco, and other drugs. According to the Pennsylvania Youth Survey (PAYS), 17.6 % of minors in Armstrong County, 20% of minors in Clarion County, and 16.6% of minors in Indiana County abused alcohol in the year 2019.



## National Medicine Abuse Awareness Month

The month of October observes the National Medicine Abuse Awareness Month (NMAAM), which is a campaign to raise awareness about over-the-counter and prescription medications. According to the Pennsylvania Youth Survey (PAYS), youth in our area are taking prescription medications from household members to abuse. In 2019, PAYS states that 23.5% of youth in Armstrong County, 31.8% of youth in Clarion County, and 50% of youth in Indiana County abused another household member's prescription.

More information about NMAAM, can be found at the CADCA website, [cadca.org](http://cadca.org)

# Operation Prevention

The Drug Enforcement Administration (DEA) Opioid Program is a PowerPoint presentation designed for students to examine the reasons people turn to opioid use and misuse, and act as investigative reporters to consider the who, what, when, where, why, and how of opioid use and misuse.



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[www.facebook.com/  
clariondrugfree](http://www.facebook.com/clariondrugfree)

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## OTC Medicine Safety

Over -The -Counter (OTC) Medicine Safety is a Scholastic evidence - based program designed to instruct students on the safe use of OTC medications. OTC Medicine Safety includes resources and engaging educational activities specifically designed for students to increase their knowledge and responsibility about OTC medicines.



# National Drug Take Back Day

Bring unwanted or expired medicines to the event locations on October 24th for safe disposal.



\*Free Naloxone kits will be available.

Klingensmith's  
Drug Store  
313 Ford St., Ford  
City  
9AM to 3PM

Diamond Drug  
670 Philadelphia  
Street.,  
Indiana  
11AM to 2PM

Medicine Shoppe  
Pharmacy  
100 Liberty St.,  
Clarion  
9AM to 1PM

## Meet Our Staff

Terra Cravener ( Miss. Terra) is a new Prevention Specialist with the Armstrong Indiana Clarion Drug and Alcohol Commission. She is a graduate of Indiana University of Pennsylvania with a bachelor's degree in Child Development and Family Relations. Terra is most excited about the opportunity to work with children and community members in such a significant way, and to be part of the learning process. When she is not working, Miss. Terra can be found spending time with her family and friends!

